Why Carry Out A Post-Coital Test?

Huhner’s test is used to discover the interaction between the sperm and the cervical mucus. It consists of searching for mobile spermatozoids in the cervical mucus during the pre-ovulation time.

How To Prepare For A Pre-Coital Test?

The test must be carried out between the 12th and 14th day of the menstruation cycle (if your cycle is 28 days) or during the 2 days preceding ovulation or at any moment specified by your doctor in accordance with your cycle and any treatment you are taking.

Make an appointment at the laboratory: bring your temperature chart and your doctor’s prescription with you.

Sexual relations must have taken place 6 to 12 hours before the examination. If possible stay in a lying down position for at least 30 minutes after intercourse. Do not clean your genitalia. Do not use any lubricant during intercourse.

How Is The Test Carried Out?

After posing a speculum the cervical mucus is collected using a single usage pipette. It is completely painless.

Your partner does not need to come with you to the laboratory.

Results:

The test provides various information:

- The quality of the mucus
- The presence or not of spermatozoid and their mobility
- The presence of any germs, cells or polynuclear in unusual numbers

All of the information will enable a positive or negative reading to be given and even the possibility of further investigation to be explored.